

# ACHIEVING HAPPY MARRIAGE COURSE

## Suggested Programme

- 9.00**      **Tea/Coffee and Registration**
- 9.30**      **Introduction and Welcome**  
Ground Rules - Thinking outside the box  
Aims and Objectives of the Course & Learning Outcomes  
Quotes from the Quran and Hadith about Marriage  
*How to Improve your Inter-Personal Skills*  
What are the rights of a Wife? The Ideal Husband  
What are the rights of a Husband? The Ideal Wife
- 11.00**     **Tea/Coffee Break**  
  
Important factors in creating a good home environment – An Islamic perspective  
Improving relationships with in-laws  
Positive impact of a happy married life on Children  
Tips to protect you from Shaitan
- 1.00**      **Lunch and Zuhr Prayers**
- 2.00**      Emotional Intelligence when dealing with your spouse
- 3.00**      **Tea/Coffee Break**  
  
Strategies to please your wife  
Strategies to please your husband  
Feedback and review
- 4.00**      **End**