

# Aksaa Youth Leadership Programme

*Focussing on Identity and Belonging*

## Suggested Programme Outline

**9.30 Registration Tea/Coffee**

**Introductions and Welcome**

**Getting to know each other - Team Building Exercise**

**Exercise - Who are you? How do you identify yourself?**

**Where do you belong?**

**British?/Muslim?/Where your parents came from?**

**11.00 Tea and Biscuits Break**

**Activity - What is it to be Muslim in Britain?**

**How to be confident in yourself**

**How to can we please Allah SWT all the time?**

**12.30 Lunch & Zohar Salah**

**1.30 Positive Thinking and being resilient**

**Islamic Values v Universal Values**

**Easy Good Deeds**

**Easy Bad Deeds to avoid**

**3.00 Tea and Biscuits**

**Assimilation v Integration exercise**

**How to be an effective “Leader”**

**Reflections/Feedback/and review**

**4.00 Close**